

Yoga4Kids International Teacher Training Academy – Upcoming Dates for all Trainings

Please note the following:

- All trainings will be offered online unless otherwise specified.
- In-Person Trainings will commence as of 2021 nationally
- Typical Friday & Monday training times are 4:00pm – 8:00pm South African time.
- Typical Saturday training times are 10.30am – 1:00pm South African time.
- Typical Sunday training times are 2:00 – 5:30pm South African time.
- The exception to the above training times is the MindfulMovement4Kids Training. This will take place from 3:00pm – 7:00pm South African time and 4:00pm – 8:00pm Cyprus time.

Yoga4Kids Children’s Yoga Foundation Training Course: 100 Hours Total

COURSE	DATES	HOURS	ACCREDITATION	COST
Children’s Yoga Foundation Training Module 1.1	2 – 5 Oct or 20 – 23 Nov	20 Hours online (live) 15 hours offline (homework)		R4 500
Children’s Yoga Foundation Training Module 1.2	9 – 12 Oct or 27 -30 Nov	20 Hours online (live) 10 hours offline (homework)	65 Hours (combined Module 1.1 & 1.2) Accredited Internationally for adult yoga teachers & professionals working with children.	R4 500
Children’s Yoga Foundation Practical Training Module 1.3	11 – 14 Dec	20 Hours online (live) 15 hours offline (homework)	100 Hours Total (combined Modules 1.1, 1.2 & 1.3) Accredited Internationally	R3 500

MindfulMovement4Kids - Mindfulness & Meditation Training Course for Children: 65 Hours Total

COURSE	DATES	HOURS	ACCREDITATION	COST
MindfulMovement4Kids Children's Mindfulness & Meditation Training Module 2.1	18 – 21 Sept or 30 – 2 Nov or 4 – 7 Dec	20 hours online (live) 15 hours offline (homework)		R4 000
MindfulMovement4Kids Children's Mindfulness & Meditation Training Module 2.2	TBA for 2021	20 hours online (live) 10 hours offline (homework)	Application for Accreditation been approved for Completion of 2.1 & 2.2. Module 2.2 available for 2021.	R4 000

YogaTherapy4Kids Advanced Yoga Training Course: 95 Hours Total

COURSE	DATES	HOURS	ACCREDITATION	COST
YogaTherapy4Kids Module 3.1	23 – 26 Oct	20 Hours online (live) 10 hours offline (homework)		R5 500
YogaTherapy4Kids Module 3.2	6 – 9 Nov	20 Hours online (live) 15 hours offline (homework)		R5 000
YogaTherapy4Kids Module 3.3	16 – 19 Dec	20 hours online (live) 10 hours offline (homework)	Accredited Internationally on completion of Modules 3.1, 3.2 & 3.3. CPD Points have been applied for and waiting on results.	R5 500

Yoga4Teens - Teen Yoga Training Course: 65 Hours Total

COURSE	DATES	HOURS	ACCREDITATION	COST
Yoga4Teens Module 4.1	TBA for 2021	20 Hours online (live) 10 hours offline (homework)		R4 500
Yoga4Teens Module 4.2	TBA for 2021	20 Hours online (live) 15 hours offline (homework)	65 Hour Accredited Internationally on completion of Modules 4.1 & 4.2)	R4 500